



Mississippi Rush Madison Cadet Tryouts

Who: All girls and boys with birth years of 2009 and 2010

When: 3:00 Sunday, September 23rd

Where: Liberty Park (Back – by Lowes)

The Cadet Program prepares players for Division II competition and eventually Division I, Mississippi Rush Soccer Club.

The training environment is a skills-based format that rapidly improves player technical skills and tactical awareness. Training sessions are held weekly in the fall and spring seasons. Players participating in Cadets are placed on DII teams based on their ability. All players selected to Cadets continue playing on their recreation team throughout the year.

FAQ's

How do I know if my child is good enough for the Cadet Program? Simply put, you don't have to know. Invitations are extended to players by trained professionals who evaluate your child's overall abilities to participate in a team sport. Existing skills are important but, perhaps more important is the child's ability to learn the skills they need to progress and be successful over many years of player development. The bottom line is that Cadet Teams are formed to train the optimal type and number of players that demonstrate the commitment, leadership, character, athleticism, and skill, that further the developmental goals of the Mississippi Futbol Club.

Overall, is participation in the Cadet DII Program a higher level of commitment? Yes, certainly, but there is an equivalent higher level of a player's personal growth, development, and accomplishment commensurate with you and your child's commitment to their personal soccer-skills development.

How often does the Cadet Program practice/train? Practices is held once a week on Tuesday from 5:30 – 7:00pm. However, when preparing for a tournament an extra training session may be scheduled by the Coach. The Cadet staff works closely with the Mississippi Futbol Club scheduler, U10 coordinators, and coaches to ensure that NO conflicts occur between DII and DIII soccer training or games.

Question? Check out our Cadet website at mfcsoccer.com or email sotto@mississippirush.com or jwilsonmfcda@mississippi.com.



Features - What we offer:

Structured & Planned Training Curriculum

- Ball feeling / 1st Touch
- Foot skills / Moves
- **Striking & Shooting**
- Passing & Receiving
- Defending
- Speed, Agility, Quickness & Flexibility
- Goal Keeping

Benefits - What Players get Out of It:

- Have fun while learning, exercising, and playing together.
- Enjoy a highly stimulating and personally rewarding environment.
- Strengthen relationships with other children
- Build their self confidence
- Become more skillful in controlling and manipulating the soccer ball
- Improve spatial and situational awareness
- Increase knowledge about the game
- Move and run better and faster
- Be more agile and flexible
- Improve discipline, focus and attention
- Enjoy personal accomplishment
- Will have even more fun, fun, fun
- **Become Champions in Life**

MFC Madison Rush Developmental Academy: As part of the Cadet Program you are invited to participate in these additional programs at **NO EXTRA COST.**

- **Weekly Ball Mastery / 1v1 Foot Skills Training**
- **Weekly Goalkeeper Training**
- **Friday Night Drop Ins: Street Soccer (Dad & Mom Night Out)**